

HARRISH SAI RAMAN (HSR)

**Motivational Speaker,
Hypnotherapist, Author, Life &
Spiritual Coach**



"The time and energy that individuals, teams or organizations give me is never going to come back into their lives! Hence, my intent, focus and energies are always aimed at giving them a transformational experience, add exponential value and help them create multiple Breakthroughs! My vision in Life is to transform as many lives I can until my last breath!"



- **Successfully driven over 3000+ seminars touching lives of over 3,00,000+ participants**
- **Coached over 500 + Individuals helping them create multiple breakthroughs**
- **Awarded 'Training Leader of the year and Top 101 Coaching Leaders india by World HRD Congress and ET Now**
- **Featured in Forbes India**
- **Popularly known for his high energy sessions with insightful humour**
- **A leading hypnotherapist and transpersonal regression therapist**
- **Practitioner of Behavioural Kinesiology, NLP, Family & Systemic Constellations, Breathwork and other therapeutic modalities.**
- **Facilitator of breakthrough activities like Fire Walk, Rod Bending and Broken GlassWalk**
- **Book Authored - Triggers and Insights**



Popular Sessions

- **ACCELERATE** - Achieving Peak Performance in all areas and to creating a 'possibility mindset'
- **The Fire Walk/ Rod Bending Breakthrough Seminar** - Creating a Breakthrough Within
- **Creating High Performing Teams** - Discovering the true collective power of one team/one family
- **Mindful Leadership** - Going beyond and ensuring that your presence itself brings in the Shift
- **Relationship Mastery** - Enhancing and Enriching, personal as well as professional relationships for mega success
- **Balance** - Work Life Balance and mastering Body - Mind - Emotions
- **Holistic Life Coaching** - Insights and breakthroughs in all areas of Life - creating holistic success and living joyfully



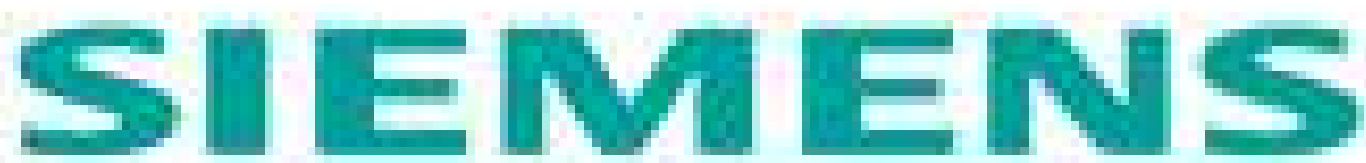








Some of Our Clients



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Commercial Bank of Ethiopia



Samsonite®



Some of Our Clients



Rishta Sammaan Ka



Bharat Serums & Vaccines Ltd.



SUGEE GROUP

Some of Our Clients



Some Testimonials

"Harrish, is our go-to person. He always unfailingly delivers programmes which ensure participants walk away with a spring in their step, feeling empowered with the new knowledge and confident in their ability to apply it. Harrish's ability to make difficult concepts simple and relatable, deliver with panache and ensure he handholds participants through a workshop ... is what makes his workshops unique and valuable for each Star employee."

Kankana Das, Head L&D, Star India

"Harrish, what is striking is that your session focuses both on individual and organization development. Testimonies from the participants many months after the workshop prove the effectiveness of the session"

**Riyaz Mulla, Location Head, Education Services
Group, Tech Mahindra**

Some Testimonials

I have known Harrish for the last 4-5 years and everytime I have attended his sessions I have come out with a Transformed perspective on various aspect of life. The experiential activities that he leverages in his seminars are truly exceptional. And yes, his sense of humour in his sessions are at another level! He is also such a wonderful person - who genuinely wants to help, guide and share perspectives in the most authentic way. Very often when it get's tough and I feel like giving up, I often say to myself "If you Believe you can, you WILL!" - Thank you Harrish Sairaman, Heartfelt Gratitude!

Meeta Bedi, VP - HR, WIPRO

""As always the Energy level and the Engagement of the session executed bvy Harrish was Outstanding! All of us took away key insights that will make us more equipped to execute our daily activites with Passion

Tony Buffomante, Leader, WIPRO

Some Testimonials

"Harrish, thank you for conducting a wonderful workshop. The energy level was great and the whole team was raving about the session. Your workshop has contributed in making our offsite an unforgettable one for all of us"

Sriram SR

Head Human Capital, Arcesium

"It was a fantastic session delivered for AlBatha. Harrish is an excellent trainer and people are still going gaga about it. Im sure more sessions like these will bring a shift in the Organization"

Sabiha Kazi

Group L&D Manager, Al Batha Group

"Your session was insightful and touched upon key aspects that we wished to convey. Your high energy levels left a lasting impression in the minds of each of my teammates"

Pushan Mahapatra

MD & CEO, SBI General Insurance

Some Testimonials

Harrish is a phenomenal trainer, had attended one of his power packed workshop wherein i learnt about managing my VUCA world in entirely different and interesting way!

Ramneet Kaur

Head Training- Future Generali

Having attended many motivational sessions in my career spanning more than 37 years, I was expecting a regular, yet interesting and inspiring session. But, after being a part of your programme, I can just say, it was mesmerizing and the learnings are so powerful that they have greatly impacted my life. Your lucid, yet powerful communication with strong messages will remain etched in my mind for years to come. Thanks a lot for truly inspiring and motivating me. I would love to attend your programs in future.

Debadarshi Dash

Group General Manager, NALCO

Some Testimonials

Harrish is the voice that we seek all through our lives, but not many find it. I'd consider myself rather fortunate in that respect. His explanations are scientific and yet so spiritual and vice versa. He addressed us in a group session of 60, and everyone felt as if it they were in a one-on-one session with him! He is so relatable! That how one approaches his or her work also defines one's quality of life was quite a groundbreaking discovery for most of us. And yes, you can't miss his comic timing! It's just so bang on! Between splits of laughter in one moment and deep thinking in the other, Harrish introduced us to a new path of living, one that's more meaningful and purpose-driven! There was an inexplicable calm, that in some way replenished our spirits, after our sessions with him and our faith in our own capabilities was restored. Can't thank you enough, Harrish! Will keep coming back you for more.

Shilpi Shukla
Group Digital Head, Vedanta

Some Testimonials

"Harrish, your session was really a Fantastic and Genuine effort to make people realize their inner potential and come out of their apprehensions. The session has benefited us to realize the importance of team dynamics and handle change effectively."

Ravindra Dharkar, Head- L&D, Nuvoco

"Harrish Sai Raman is a persona par Excellence!!! His session at Hong Kong was just out of this world where every word he spoke had an in-depth meaning which touched everyone's Heart! You could cater to everything he said in that one and a half hour session. The Rod Bending exercise was really breath taking and well applauded by everyone. Overall a very intriguing motivational session which everyone would love to attend time and again....."

Mr. Sudhanshu Pathak

Vice President Steel Manufacturing & Chief SPC,

TATA Steel



"Every person has huge potential and hence our interventions are designed to be a Journey of Discovery. We help individuals discover their true potential and trigger willingness to achieve Peak Performance. Through our methods and approach we act as a catalyst to empower individuals, teams and organizations"

Absolute Gratitude

- Harrish Sai Raman (HSR)

www.harrishsairaman.com

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